



Hotlines

Suicide Prevention

- Suicide and Crisis Line: 988
- National Suicide Hotline: 1-800-784-2433
- Georgia Crisis Hotline: 1-800-715-4225
- LGBT Youth Suicide Hotline: 1-866-488-7386 OR text "Trevor" to 1-202-304-1200. (Available Tuesday-Friday between 3pm - 9pm EST/12pm - 6pm PT.)

Crisis Text Line (U.S.A.): Text CONNECT to 741741

<https://www.crisistextline.org/textline/>

Self-Injury Hotline: 1-800-DONT-CUT (366-8288)

National Domestic Violence Hotline: 1-800-799-SAFE (7233) – Staffed 24 hours a day by trained counselors who can provide crisis assistance and information about shelters, legal advocacy, health care centers, and counseling.

National Association of Anorexia Nervosa & Associated Disorders (ANAD): 1-847-831-3438 (long distance)

Depression Hotline: 1-630-482-9696

Rape/Sexual Assault Hotlines:

- The National Sexual Assault Hotline (1.800.656.HOPE)
- Online Hotline (rainn.org) offers free, safe and confidential help 24 hours per day, 7 days per week.
- Safe Helpline 1-877-995-5247. Rainn also operates a sexual assault support line specifically for members of the DoD (Department of Defense) community SafeHelpline.org.

Substance Abuse/Alcoholism Hotlines:

- Alcohol and Drug Abuse Helpline and Treatment: 1-800-234-0420
- The Alcohol & Drug Addiction Resource Center: 1-800-390-4056

Warm Lines - for when you need someone to talk to but are not in crisis:

<http://warmline.org/>. This site lists warmlines by state.

Use these resources at your own discretion and anticipate wait times. If this is an emergency and you need immediate assistance, please call 911 or go to your nearest emergency room.



Local Resources

Memorial Behavioral Health

In-Patient and Partial Hospitalization
4700 Waters Avenue
Savannah, GA 31404
Phone: (912) 350-8000

Gateway Behavioral Health Crisis Center

Psychiatric Emergencies
2121 E. Derenne Avenue
Savannah, GA 31406
912-417-9471

Coastal Behavioral Health - Adult Psychiatric, Emotional or Substance Use Services: Detox, Partial Hospitalization, Intensive Outpatient Program, In-Patient
633 Stephenson Avenue, Savannah, GA 31406
912-354-3911

Recovery Place - Drug & Alcohol Addiction Treatment Center: Intensive Outpatient, Partial Hospitalization, In-patient
835 E. 65TH ST., Savannah, GA 31405
912-355-1440

Coastal Harbor Treatment Center - Youth and Adolescent Services: Acute Care, In-Patient, Residential
1150 Cornell Street, Savannah, GA 31406
912-354-3911

MedBank Foundation
Low income/no insurance Medications
836 E 65th St # 12, Savannah, GA 31405
(912) 356-2898

First City Pride Center - Prism Clinic
Counseling services to the LGBTQIA+ Community
and for LGBTQIA+ Community support
Call to schedule 912-478-1685

Find a Meeting

Alcoholics
Anonymous

Narcotics
Anonymous



Direct Impact Podcast

You don't have to settle for a less than extraordinary life! You deserve a life filled with purpose, connection, and direction.

On the Direct Impact Podcast, we discuss alternatives to emotional dis-ease, mental clutter, and limiting beliefs by creating a climate for growth, allowing your mind to become an ally vs. an adversary.

